



SOUTHWOLD SWIMMING CLUB MAY MEET

LEVEL 3 - OPEN MEET 2024

Saturday 18th and Sunday 19th May 2024

GL1 Leisure Centre, Bruton Way, Gloucester GL1 1DT

License No: 3SW240646

Age Groups: 9, 10, 11, 12, 13, 14, 15&Over

Distances: 50m, 100m & 200m

Medals: top 3 places in each age group per event

Top Male/Open & Female award in each Age Group

Top Club Award

Entries close at midnight on **Friday 5th April 2024** or sooner if the
Meet reaches capacity.



PROMOTERS CONDITIONS

- 1 The competition will be swum under Swim England Laws and Regulations and Technical Rules of Racing and licensed by Swim England for entry into County and Regional Competitions. Any rules not covered by the Promoter's Conditions will be covered by the Swim England Laws on Open Competitions.
- 2 All competitors must be British Swimming registered at Club Compete and must be members of a club affiliated to Swim England, WASA or SASA.
- 3 Age groups are: 9, 10, 11, 12, 13, 14, and 15+ years in all events. Age as at 19th May 2024.
- 4 All events will be run on a heat declared winner (HDW) basis. Entries will be seeded into heats from submitted times, with the slowest heat first and the final heat spearheaded. Short course entry times should be submitted.
- 5 All entries are subject to meeting the qualifying times and will be accepted on a "*first come first served basis*". Entries will be rejected when the meet is full or from the last entry received if we cannot accept that entry in full.
- 6 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary competition policy for swimming. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- 7 Entries will only be confirmed by email. It is the responsibility of the Club entering the swimmers to check for any inaccuracies in the confirmed entries. Any inaccuracies must be notified to the Meet Promoter prior to the Meet. Team managers will need to confirm any withdrawals, session by session, prior to the start of the warm-up for the relevant session. In the case of individual entries this is the responsibility of the swimmer.
- 8 The Promoter reserves the right to refuse any entry. Incorrect or incomplete entries will not be accepted. Entries are accepted on the understanding that the competitor accepts the Promoter's Conditions.
- 9 No entries will be accepted after the closing date (including replacement entries on the day). Refunds will be given to Hy-Tek Meet Manager rejected entries, and not to invalid or incorrect entries. No refunds will be made to competitors who withdraw after advice of acceptance unless in extenuating circumstances and at the discretion of the promoter.
- 10 The success of any Open Meet relies heavily on the support of visiting clubs providing officials. All visiting clubs are asked to help by providing qualified and licensed officials for each session. Clubs will, however, not be rejected if they are unable to provide officials.

Officials can sign up to the meet through Swim Meet – [Swim Meet](#). Officials who officiate at any of the Sessions will be entitled to Mileage Expenses at a Rate of 45p per mile from their home address to the Pool Venue and return, with a limit of one claim per day, regardless of the number of sessions attended in that day. Officials should request an Expenses Application Form from a Referee which should be completed and returned to that Referee during the duration of the Meet. Officials who officiate for two sessions in one day will be provided with lunch.

Please contact Helen Black at Southwold@swimclubmanager.com for more information.



- 11 All events will be Heat Declared Winners (HDW) and awards will be made as detailed in point 3. Medals will be given to the top 3 swimmers in each event, in all age groups. Awards are to be collected from the Medals table when announced. All starts where possible and agreed with the referee will be over the top.
 - 12 There will be trophies awarded to Top Open Swimmer and Top Girl Swimmer for all age groups in point 3, and Top Visiting Club based on points awarded for individual event performances within the QTs. Awards will be based on the acquisition of the highest points total throughout the meet (6 points for a 1st place, 5 for 2nd etc.). In the event of a tie, the number of first places etc will decide the winner. Awards will be presented to winners after the final event of the meet.
 - 13 Para Swimmer Entries - all swimmers must have an authorised SE/IPC swimming classification or Certificate of Exception or Certificate of Disability. In addition, details of disability, classification and exemptions must be provided with entry. It is the responsibility of each club to provide this information.

Please ensure the Certificate of Exception or Certificate of Disability are presented to the Referee prior to each competition session, failure to do so may result in disqualification.
 - 14 A secondary strobe light will be available upon request, to be submitted at the time of entry.
 - 15 The promoter conditions cannot be changed once Licenced. Only the Referee can make changes on the day to facilitate the smooth running of the meet.
 - 16 Cub entries must be made electronically and submitted via email using the Hy-Tek software only. Please submit, via email, the summary sheet & Hy-Tek entries report print-out.
 - 17 Individual entries may be made via email using the relevant entry form attached at the end of the pack. A copy of this form can be requested from southwoldmaymeet@gmail.com
 - 18 For all entries, please supply an email address to enable the return of your acceptances / rejections and any other information as required.
 - 19 All payments should be made via bank transfer - details will be sent along with entry confirmation or on request from southwoldmaymeet@gmail.com Closing date for entries is midnight Friday 5th April 2024
 - 20 Coach/team manager passes cost £10 per day, or £15 for the weekend, which will entitle the holder to admission to all sessions, a programme and start sheets. It is the responsibility of attending clubs to ensure that all Coaches and Chaperones have the appropriate Swim England registration and hold a valid Disclosures & Barring Service certificate (DBS clearance). Clubs must ensure passes are always worn by their representatives when on poolside.
 - 21 Coaches / team managers are responsible for their swimmers at all times.
 - 22 All meet participants and spectators must observe all safety precautions in operation at GL1 Leisure Centre and follow any instructions given by Leisure Centre staff.
 - 23 A spectator charge will be payable for all adult spectators. Prices will be £5 per session or £8 for a day pass.
 - 24 Competitors are advised not to leave their belongings unattended. Neither Southwold Swimming Club nor GL1 can accept responsibility for any property that may be lost, stolen or
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damaged.

- 25 With the submission of entries, consent is deemed to have been given, as required by the Data Protection Act 2018, to hold and distribute as necessary, any personal information on computer, to run the meet.
- 26 If the competition is oversubscribed the promoter reserves the right to close the competition to entries before the closing date.
- 27 Anyone wishing to use a device capable of photography or video recording must take careful note of the full Swim England Guidance on Photography that can be found in Wavepower the Swim England Child Safeguarding Policy and Procedures available at www.swimming.org Mobile phones must not be used, under any circumstances, in the changing areas – this is in line with Wavepower guidelines.
- 28 The Promoter reserves the right to refuse admission to any competitor or spectator who shows aggressive or abusive behaviour towards any GL1 or Southwold Staff.
- 29 The Referee's decision is final subject to Swim England Law.
- 30 The event is to be held at *GL1 Leisure Centre, Bruton Way, Gloucester, GL1 1DT* - a 25m, 8 lane pool.

The promoter of this event is **Natalie Luton**.

Please send all entries to southwoldmaymeet@gmail.com with the subject May Meet Entry and club name (e.g May Meet Entry – Southwold)

Meet pack and entry forms available on request from southwoldmaymeet@gmail.com and the Southwold Swimming Club website: www.southwoldswimmingclub.com.



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Programme of Events

Saturday 18 th May 2024					
Session 1			Session 2		
Warm Up: 11:15			Warm Up: 1:00		
Start Time: 12:20			Start Time: 16:05		
Event 11	Open/Male – 9 & Over	100m Breaststroke	Event 21	Open/Male – 9 & Over	200m Freestyle
Event 12	Female – 9 & Over	100m Backstroke	Event 22	Female – 9 & Over	50m Breaststroke
Event 13	Open/Male – 9 & Over	100m Ind Medley	Event 23	Open/Male – 9 & Over	50m Backstroke
Event 14	Female – 9 & Over	200m Ind Medley	Event 24	Female – 9 & Over	100m Butterfly
Event 15	Open/Male – 9 & Over	50m Freestyle	Event 25	Open/Male – 9 & Over	200m Breaststroke
Event 16	Female – 9 & Over	50m Butterfly	Event 26	Female – 9 & Over	100m Ind Medley
Event 17	Open/Male – 9 & Over	200m Backstroke	Event 27	Open/Male – 9 & Over	100m Butterfly
Finish Time: 14:30			Finish Time: 18:10		
Sunday 19 th May 2024					
Session 3			Session 4		
Warm Up: 10:15			Warm Up: 13:45		
Start Time: 11:20			Start Time: 14:50		
Event 31	Female – 9 & Over	100m Breaststroke	Event 41	Female – 9 & Over	200m Freestyle
Event 32	Open/Male – 9 & Over	50m Butterfly	Event 42	Open/Male – 9 & Over	50m Breaststroke
Event 33	Female – 9 & Over	200m Butterfly	Event 43	Female – 9 & Over	50m Backstroke
Event 34	Open/Male – 9 & Over	200m Ind Medley	Event 44	Open/Male – 9 & Over	200m Butterfly
Event 35	Female – 9 & Over	50m Freestyle	Event 45	Female – 9 & Over	200m Breast
Event 36	Open/Male – 9 & Over	100m Freestyle	Event 46	Open/Male – 9 & Over	100m Back
Event 37	Female – 9 & Over	200m Backstroke	Event 47	Female – 9 & Over	100m Freestyle
Finish Time: 13:15			Finish Time: 17:15		

Please note that the Warm Up Times Start and Duration may be subject to change depending on the number of entries for the Meet.



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Upper (No faster than) qualifying times – Age at 19th May 2024

Open/Male							Event	Female						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
36.00	34.20	32.00	30.00	28.00	26.50	25.00	50 FREE	36.00	34.00	32.00	30.00	29.00	28.50	27.80
1:17.00	1:14.00	1:10.00	1:06.00	1:01.00	58.00	56.00	100 FREE	1:25.90	1:17.90	1:09.80	1:05.80	1:03.90	1:01.50	58.10
3:00.00	2:48.00	2:33.00	2:24.00	2:14.00	2:09.00	2:01.00	200 FREE	3:04.00	2:45.00	2:31.00	2:23.50	2:17.00	2:12.00	2:04.00
46.00	44.00	42.50	39.50	37.50	35.50	32.50	50 BREAST	50.90	47.10	41.80	39.80	37.80	36.30	33.80
1:44.00	1:39.00	1:32.00	1:26.00	1:20.00	1:16.00	1:12.00	100 BREAST	1:49.00	1:41.00	1:32.00	1:26.00	1:20.00	1:18.00	1:12.00
3:40.00	3:28.00	3:15.00	3:03.00	2:51.00	2:43.00	2:29.00	200 BREAST	4:07.00	3:34.00	3:17.00	3:05.00	2:53.00	2:47.00	2:37.00
40.00	38.00	35.00	33.00	30.50	29.00	27.50	50 FLY	44.40	39.50	35.20	33.00	30.20	28.20	27.00
1:38.00	1:30.00	1:22.00	1:16.00	1:12.00	1:06.00	1:02.00	100 FLY	1:50.00	1:40.00	1:20.00	1:14.00	1:09.00	1:04.00	59.00
3:30.00	3:18.00	3:08.00	2:52.00	2:40.00	2:30.00	2:20.00	200 FLY	3:51.00	3:40.00	3:04.00	2:49.00	2:36.00	2:25.00	2:15.00
41.50	39.50	38.00	34.00	31.80	29.90	28.00	50 BACK	45.00	40.00	37.30	34.00	31.80	30.30	28.00
1:34.00	1:26.00	1:22.00	1:13.00	1:09.00	1:05.00	1:02.00	100 BACK	1:39.00	1:26.00	1:20.00	1:13.00	1:09.00	1:05.00	1:02.00
3:00.00	3:00.00	2:50.00	2:39.00	2:28.00	2:21.00	2:15.00	200 BACK	3:32.00	3:00.00	2:49.00	2:39.00	2:28.00	2:21.00	2:15.00
1:41.00	1:36.00	1:28.00	1:22.00	1:17.00	1:13.00	1:08.00	100 IM	1:41.00	1:36.99	1:28.00	1:23.00	1:18.50	1:14.00	1:10.00
3:10.00	3:06.00	2:54.20	2:39.00	2:30.00	2:21.00	2:14.00	200 IM	3:28.00	3:08.00	2:53.00	2:45.00	2:37.00	2:29.00	2:19.00



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Individual Entry Form

Swimmers Name:				
Club:		Open/Male - Female:		
Date of Birth:		Swim England No:		
Contact No:		Contact Email:		
Event	Event Number	Entry time	Entry Fee	Cost
50m – Backstroke			£7.50	
50m – Breaststroke			£7.50	
50m – Butterfly			£7.50	
50m – Freestyle			£7.50	
100m – Backstroke			£7.50	
100m – Breaststroke			£7.50	
100m – Butterfly			£7.50	
100m – Freestyle			£7.50	
100m – Ind Medley			£7.50	
200m – Backstroke			£7.50	
200m – Breaststroke			£7.50	
200m – Butterfly			£7.50	
200m – Freestyle			£7.50	
200m – Ind Medley			£7.50	
			TOTAL	£

I certify that the above details are correct. I confirm I will abide by the meet conditions and that I am an eligible competitor in accordance with the laws of Swim England.

Competitors Signature	Date:

Please send completed form to: southwoldmaymeet@gmail.com



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Club Entry Summary Sheet

Club:	
Contact:	
Contact Email:	
Contact No:	
Total Number of Swimmer Entries	
Total cost of entries at £7.50	
Number of Coaches Passes (<i>Max 4 per club</i>)	
Total Cost of Coaches Passes at £10 per day each or £15 per weekend each (<i>Pass is valid for all sessions</i>)	
Total Fee Payable:	

This club summary form must be completed and returned along with the Hy-Tek Meet Entry Report to southwoldmaymeet@gmail.com