

# Pool Plan 2016/2017 Sept - April amended (01.09.2019)

## Sun

	Bath	
	Lane 1	Lane 2
11:00-11:30	Jun Per	Perf
11:30-12:00		
12:00-12:30		
12:30-13:00		

	Yate (pm)							
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
17:00-17:30	Swim Dev							
17:30-18:00								
18:00-18:30	Academy		Skills 2		Skills 1			
18:30-19:00			Perf		Jun Per		Club	
19:00-19:30								
19:30-20:00								
20:00-20:30	Masters							
20:30-21:00								

## Mon

	Yate (pm)					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
18:00-18:30				Skills 1 + 2		
18:30-19:00						
19:00-19:30	Junior Performance		Performance			
19:30-20:00						
20:00-20:30						
20:30-21:00						

## Tues

	Yate (am)		
	Lane 1	Lane 2	Lane 3
06:00-06:30	Acad	Performance	
06:30-07:15			

	Land Training - Frampton		
	Lane 1	Lane 2	Lane 3
18:00-18:30	Academy		Skills 2
18:30-19:00			Skills 1
19:00-19:30	Perf		Jun Per
19:30-20:00			
20:00-20:30			

## Wed

	Bath (pm)	
	Lane 7	Lane 8
19:00-19:30	Performance	
19:30-20:00		
20:00-20:30		
20:30-21:00		

	Yate (pm)			
	Lane 3	Lane 4	Lane 5	Lane 6
18:00-18:30				
18:30-19:00	Skills 2			
19:00-19:30			Academy	
19:30-20:00				

## Thurs

	Yate (pm)					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
18:00-18:30	Junior Performance		Club		Performance	
18:30-19:00						
19:00-19:30			Academy			
19:30-20:00						

## Fri

	Yate (am)		
	Lane 1	Lane 2	Lane 3
06:00-06:30	Jun Per	performance	
06:30-07:15			

	Yate (pm)					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
19:00-19:30	Swim Dev				Skills 1	
19:30-20:00						
20:00-20:30	Masters		Academy		Skill 2	
20:30-21:00						

	Bradley Stoke (pm)					
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
20:00-20:30	Junior Performance		Club		Performance	
20:30-21:00						
21:00-21:30						