

## Southwold May Open Meet 2023

### Warm Up Schedule -Session 4 - Sun PM GL1 Pool - Gloucester

Lane	13:45 to 14:00	14:00 to 14:15	14:15 to 14:30	14:30 to 14:45
1	Girls 9 Yrs	Girls 13 Yrs	Girls 10 Yrs	Boys 9 Yrs
2				Boys 10 Yrs
3	Girls 11 Yrs	Girls 14 Yrs	Spare	Boys 11 Yrs
4				Boys 12 Yrs
5				Boys 13 Yrs
6	Girls 12 Yrs	Women 15 Yrs & Over	Spare	Boys 14 Yrs
7				Men 15 Yrs & Over
8				